

Table 1. Multidisciplinary management of COPD.

Stage of COPD*	Characteristics	Management strategies	Service providers
I: Mild	FEV ₁ /FVC† < 0.7 and FEV ₁ > 80% of predicted with or without symptoms	Spirometry testing Smoking cessation Vaccination Education	Family physician and respiratory therapist COPD educator
II: Moderate	FEV ₁ /FVC† < 0.7 and FEV ₁ (50%–80% of predicted)	Short-acting bronchodilators Pulmonary rehabilitation Nutritional advice	Pharmacist Physiotherapist Dietitian
III: Severe	FEV ₁ /FVC < 0.7 and FEV ₁ 30%–50% of predicted	Long-acting bronchodilators and inhaled corticosteroids	Respirologist
IV: Very severe	FEV ₁ /FVC < 0.7 FEV ₁ < 31% of predicted or presence of respiratory or right heart failure	Oxygen therapy Surgery End-of-life care	Family physician Thoracic surgeon Social worker and palliative care team

*According to the Global Initiative for Chronic Obstructive Lung disease¹¹

†FEV₁ (forced expiratory volume in 1 second) to FVC (forced vital capacity).