



Mental Health Resources of Tompkins County

Cayuga Medical Center **607-274-4011**

- Emergency Assessments
- Short-term observation
- Adult and adolescent inpatient unit

Family & Children's Services of Ithaca **607-273-7494**

- Adult, child, and geriatric mental health services
- Psychiatry assessment and evaluation
- Caregiver counseling
- Zero to 5 mental health unit, mobile adolescent crisis unit
- Crisis services for runaway and homeless youth services
- Employee Assistance Program
- Kinship counseling and education

Mental Health Association in Tompkins **607-273-9250**

- Jenkins Center—psychosocial program
- Individual and family support services
- Mental Health First Aid (MHFA) training, adult and youth
- Information and referral
- Peer services

Tompkins County Mental Health Department **607-274-6200**

- Adult, children, and youth mental health services
- Psychiatric evaluation and medication management
- Emergency outreach & mobile crisis services
- Health Home Care Management services
- Personalized recovery oriented services
- Walk-in Intake/ Assessment program

Suicide Prevention & Crisis Services **607-272-1616**

- Crisisline for immediate telephone counseling
- After-Trauma counseling for individuals and groups
- Suicide risk assessments by phone
- Referrals for Mobile Crisis Team

Unity House **607-272-1741 x447**

- Respite Services

Out of the County

Cortland Regional Medical Center, Cortland, NY • 607-756-3500

St. Joseph's, Elmira, NY • 607-737-7002

United Health Services (UHS) CPEP, Binghamton, NY • 607-762-2302



Substance Use Disorders Resources of Tompkins County

Alcohol and Drug Council

607-274-6288

- Education
- Counseling services for individuals and families

Cayuga Addiction Recovery Services

607-273-5500

- Holistic recovery & treatment services
- SBIRT screening services
- Residential program

Ithaca Community Recovery, Inc

607-273-1541

- Safe, drug, and alcohol free meeting & event space
- Central location for 12 step groups of all kinds

Out of the County

Addiction Center of Broome County (ACBC), Binghamton, NY • 607-723-7308

Dick Van Dyke Addiction Center, Ovid, NY • 607-869-5609

Fairview Recovery Services, Binghamton, NY • 607-722-8987

Loyola Recovery Foundation, Hornell, NY • 877-519-7705

Syracuse Behavioral Healthcare, Syracuse, NY • 315-471-0568

Tully Hill Chemical Dependency Center, Tully, NY • 315-696-6114

UHS New Horizons Alcohol & Chemical Dependency Treatment Center, Binghamton, NY • 607-762-2255

Substance Abuse Treatment Dashboard • findaddictiontreatment.ny.gov

A tool to help you search for state certified outpatient or bedded programs in your local community.

