

# Shared Learnings

## RPU Support Funds— North RPU

### Program Overview

The Regional Performance Unit (RPU) Support Funds are intended to serve as alternative funding for activities which do not fall within the scope of one of Care Compass Network's (CCN) contracted projects or programs, but will still further greater integration of the delivery system to benefit Medicaid Members. These activities may address social determinants of health (e.g., economic instability, housing, transportation, early childhood education, access to primary care, access to affordable healthy food, etc.) or support collaborations to improve service delivery efficiencies within the RPU.

**Start Date:** April 2016

**End Date:** March 2020

**Target Population:** Medicaid Members and uninsured residing in Broome, Cortland, Tompkins, and Schuyler Counties

### Program Goals



Serve as an alternative funding for activities that aren't within the CCN scope, but further CCN's goals



Support collaborations to improve service delivery inefficiencies



Address social determinants of health (SDoH)

### Learnings and Results



Due to facility issues, the Enfield Food Pantry was temporarily closed. In April 2018, Care Compass Network awarded the Enfield Food Pantry RPU Funds to help them address these issues in order for them to re-open as quickly as possible. The pantry feeds an estimated 175 families consisting of over 500 individuals each week. During the 3-month closure, the pantry estimated that about 525 families went without the extra food that the pantry provides.



In April 2018, Visiting Nurse Service (VNS) of Tompkins County was awarded RPU Funds to incorporate the Sonostics Heart Partner technology into their Nurse Case Manager program at Titus Towers senior housing authority. The incorporation of this technology helped lower blood pressure scores and reduced the number of falls, while providing Visiting Nurse Service pertinent data that will help them potentially fund the Nurse Case Manager program through a value-based payment arrangement. The residents of Titus Tower are becoming more engaged in their own health care and are reporting overall health improvement.

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## Shared Learnings

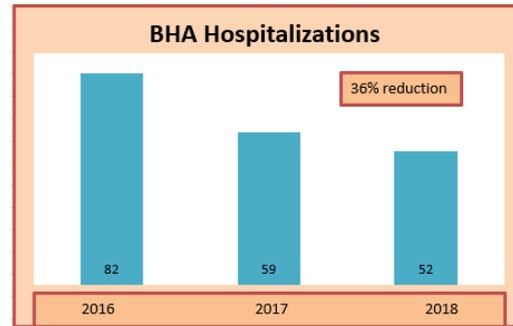
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### Learnings and Results Continued



The Visiting Nurse Service of Tompkins County implemented a Nurse Case Manager program within the Binghamton Housing Authority to help reduce hospitalizations and emergency room utilization, increase self care, and increase primary care visits. Through this program, the staff learned how important it was to combine both the clinical and social model in order to reduce hospitalizations and emergency room utilizations. At the end of a 1-year program, VNS compared data from 2016 to 2018 and realized a 36% reduction in hospitalizations and an 8% reduction in emergency room utilization.



Visiting Nurse Service of Tompkins County utilized RPU support funds to partially fund the creation of a grocery store within the housing authority to help improve food insecurity. Out of a cohort group of 200 members, the grocery store as served 115 members.

### Contact Information

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