

# Shared Learnings

## Planning & Implementation Funds for a Detox/ Stabilization Program

### Program Overview

The Alcohol and Drug Council of Tompkins County developed a 20-24 bed residential detox/ stabilization and rehabilitation program serving Tompkins, Cortland, and Schuyler Counties. In Tompkins, Cortland, Tioga, and Schuyler counties alone, there are more than 12,000 people living with a substance use disorder (SUD). Approximately 1,000 of those people are in need of detox withdrawal services. NIAAA estimates only 10% of those with SUD receive treatment, due in large part to stigma and lack of nearby treatment options. The Council wanted to provide full complement for residential services to manage and monitor withdrawal symptoms and offer medical and clinical support during early recovery, including medication options, counseling, and therapy.

**Start Date:** July 2012

**End Date:** June 2016

**Target Population:** Tompkins, Cortland, and Schuyler County residents living with a substance use disorder (SUD)

### Program Goals



Increase access to care with a community-based residential detox/ stabilization program



Utilize an appropriate and effective setting given the medical, behavioral, social, and health literacy needs of an individual



Provide appropriate and timely alternative of emergency department visits for those with mild to moderate SUD and co-occurring disorders, reducing overall Medicaid costs for treatment

### Learnings



Aggregating Medicaid data by county, RPU, and for the entire PPS is very useful during the planning process, especially from an analytic perspective of the Medicaid lives within our area.



Finding appropriate, affordable space that is central to our region and accessible to public transportation was difficult, but necessary for the population we serve.



Budget more reflective of actual planning costs, including dollars for assessments, appraisals, architectural review, conceptual design, etc.



Transition to different region by OASAS has complicated communication on overall project goals and timelines.

### Organizational Profile

**Organization:** Alcohol and Drug Council of Tompkins County

**Website:** [alcoholdrugcouncil.org](http://alcoholdrugcouncil.org)

### Contact Information

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