

Shared Learnings

Diabetes CVD Prevention

Program Overview

Patients are offered a variety of services to prevent diabetes by providing services and access to services. The Lourdes Diabetes Prevention Project (LDPP) staff tracks patient progress and follows up as needed. Patients can interact with a Nurse Navigator and are referred to a variety of services through LDPP. One of the services included collaborating with the Office for the Aging to offer indoor walking locations. The LDPP staff mailed 240 letters to individuals at risk for developing diabetes. Over 190 patients have been enrolled with 76 individuals referred to the program.

Target Population: Individuals at risk for developing diabetes before their primary care appointment

Program Goals



Identify individuals and increase awareness of prediabetes among patients and primary care providers



Increase access to diabetes prevention education, materials, and classes



Collaborate with primary care, community resources, and other disciplines to prevent diabetes

Learnings



Integrating a nurse navigator into a primary care setting.



Collaborating with multiple organizations to offer a wide variety of services to patients.



Directly reaching out to patients who are at risk and giving them access to services they need.

Organizational Profile

Organization: Our Lady of Lourdes Hospital

Website: <https://healthcare.ascension.org/Locations/New-York/NYBIN/Binghamton-Our-Lady-of-Lourdes-Memorial-Hospital>

Contact Information

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