



Substance Use Disorder Resources of Broome and Tioga Counties

Treatment Centers—Inpatient, Outpatient and Long Term Recovery

Addiction Center of Broome County (ACBC) **607-723-7308**

- Open access Mon-Fri at 9 to 11am (useful to submit demographic information prior to walk-in)
- Outpatient treatment, rehabilitation, and support groups
- Vivitrol/Naltrexone medication assisted therapy
- Ambulatory detox services starting in 2017

Addiction Center of Broome County—Dual Recovery Coordinator **607-778-1162**

- Services to enhance treatment for those with co-occurring mental health and substance use disorders

Addiction Center of Broome County—Family Support Navigator **607-422-4242**

- Assists families with gaining an increased understanding of the progression of addiction and how to navigate insurance and treatment systems

Addiction Stabilization Center (ASC) **607-722-4080**

- 24/7 help
- Short-term recovery housing
- Transitional Supportive Living Programs

Broome County Chemical Dependency Services Unit (CDSU) **607-778-1253**

- Provides brief chemical dependency assessments/monitors individual cases for the Department of Social Services (DSS).
- CDSU acts as the liaison with treating agencies

Helio Health—Binghamton Evaluation Center **607-296-3072**

- Medically supervised withdrawal and stabilization services
- 50 bed inpatient treatment

Fairview Recovery Services—Addiction Stabilization Center (ASC) **607-722-4080**

- Ancillary withdrawal and addiction medication management with on-site physician, psychiatrist, and social worker
- Clinical services include learning coping skills to deal with cravings, impulsive behavior and mental health symptoms
- Family counseling and vocational/educational services for those 18 & older
- Must meet LOCADTR criteria and intakes are by pre-scheduled appointments

Tioga County Department of Mental Hygiene Alcohol & Drug Services **607-687-4000**

- OASAS licensed Outpatient Clinic
- Clinic hours Mon & Fri 9am to 5pm and Tues, Wed, Thurs 9am to 8pm
- Provides confidential services for adolescents and adults with substance use/mental health concerns or issues
- Screenings and assessments through open access—no appointments necessary
- Suboxone Induction and Medicated Assisted Treatment
- Group therapy and individual psychotherapy
- Narcan training and a free kit

UHS—New Horizons Outpatient **607-762-3288 or 607-762--3232**

- Intensive out patient treatment including specialized women's treatment, specialized treatment for older individuals and a family program
- Provides different levels of care: Intensive Outpatient, Dual Disorders program, Specialized Groups, Adolescent Services, and Continuing Care

UHS Southern Tier Drug Abuse Treatment Center (STDATC)

Methadone 607-762-2800

Suboxone 607-762-2901

- Medication assisted therapy (MAT)



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Residential Support

Fairview Recovery Services—Fairview & Merrick Community Residences **607-722-8987**

- 36 bed capacity; 3-6 month length of stay
- Room and board in a semi-independent residence for men and women over 18 in the early stages of recovery from alcohol and/or substance use disorder
- Provides support groups, individual counseling, AA/NA meetings, recreational activities, and relapse prevention/intervention

Fairview Recovery Services—Supportive Living: Women and Children **607-722-8987**

- 11 bed capacity
- Independent, apartment-based housing for women over 18 and their children (many are formerly homeless)
- Residents must complete Community Residence level of care
- Provides parenting training, case management, recreation, and support groups

Fairview Recovery Services—Shelter Plus Care **607-722-8987**

- 25 apartment capacity; long-term rent subsidy
- Independent, apartment-based housing for employed or employable men and women, formerly homeless with a history of substance use disorder, and their families
- Provides case management and continued association with recovery community

Fairview Recovery Services—Housing Plus Care **607-722-8987**

- 8 apartment capacity; long-term rent subsidy
- Independent, apartment-based housing for single adults over 18 with a history of substance use disorder
- Provides case management

Hope Teen Challenge **607-786-3669**

- Faith-based residential care facility for women ages 17 & older who are struggling with issues including addiction and abuse
- Services include classes on cooking, cleaning, graphic arts, office work, work ethic, job skills, leadership and management skills, and how to deal with failure

Rehabilitation Support Services (RSS) **607-687-7468**

- Addresses the needs of those with psychiatric and substance use disorders
- Offers housing programs, employment services, care coordination, treatment socialization and wellness programs
- Provides Health Home referrals, Tioga Social Club, and Tioga Drop In Center

Walter Hoving Home **845-424-3674 (Garrison)**

- Residential, spiritually-based home for women 18 & older who have been involved in addiction, alcoholism, prostitution and other life-controlling problems
- 6-12 month program

YWCA—Supportive Housing **607-772-0340 ext 223**

- Services homeless women and their dependent children for up to 21 days
- Residential services to help homeless women face issues of domestic violence, substance use disorder, mental health problems, childcare issues, and vocational/education needs
- Provides case management, basic needs and supportive counseling
- 24-hour admission

Provider Treatment Directory

NYS Office of Alcohol and Substance Abuse Services (OASAS) **518-473-3460**

1-877-8-HOPENY (846-7369) Call or Text

Website: oasas.ny.gov/ProviderDirectory/

- Educational resources, posters, and fact sheets



Substance Use Disorder Resources of Broome and Tioga Counties

Support and Other Services

Al-Anon **607-722-0889**

- Group support meetings for family members of alcoholics

Alcoholics Anonymous (AA) **607-722-5983 24/7**

- Helps those who want to stay sober and help other alcoholics to achieve sobriety

Broome County Prevention Point Syringe Exchange **607-798-1706 ext 129**

- Provides free supplies and services for safer drug use to prevent the spread of HIV and hepatitis C

Broome County SAFE Line **607-778-6119**

- Assists with searching a network of treatment facilities accepting new patients and helps arrange substance use treatment

Broome County Sherriff Assisted Initiative **607-778-1911 ext 1**

- 24/7 program for those seeking treatment who need help with obtaining transportation to the ACC or UHS Binghamton General Hospital

Codependents Anonymous **607-321-9656**

- Group support meetings for those that exhibit patterns and characteristics of Codependence

Fairview Recovery Services—Voices Recovery Center **607-821-7811**

- Recovery coaches and peer advocates available

Families Anonymous **607-765-6862 or 607-341-2747**

- 12 step program for families and friends who have experienced destructive behavior of someone close to them—from drugs, alcohol, or related behavioral problems

Gam-anon **www.gam-anon.org**

- Groups support meetings for those who have family members that are gamblers

Heroin Anonymous **607-232-9249**

- “Still Breathing” meeting on Sat at 7:30pm

Lourdes Death After Overdose Recovery and Support (DORS) Group **607-584-9160**

- Six-week support group for adults who have lost a loved one to an opioid overdose
- Groups is offered quarterly at various Lourdes locations

Nar-Anon **www.nar-anon.org**

- Group support meetings for family members of addicts

Narcotics Anonymous (NA) **607-762-9116**

- Regular meetings for recovery addicts that want to stay clean and help others stay clean

SMART Recovery **607-723-7303 ext 105**

- Supportive peer counseling for persons in recovery
- Utilizes “SMART” Recovery Program



Substance Use Disorder Resources of Broome and Tioga Counties

Education, Training & Consumer Advocacy

Lourdes Youth Substance Abuse Prevention 607-584-3110

- Provides alcohol, tobacco, heroin, and opioid education to the community & schools, as well as prevention counseling in school districts

Programs

Fairview Recovery Services—Intensive Care Navigation Program 607-722-4080 or 607-760-5499

- Provides immediate supportive reinforcement to clients in crisis intervention situations

Fairview Recovery Services—Supportive Services: Career Choices Unlimited 607-722-8987

- Services for men and women over 18 with barriers to employment as a result of a history of alcoholism and/or substance use disorder
- Services include vocational/educational assessment and career planning, referral for training or educational services/programs, job application techniques, resume writing, interviewing skills, group workshops, and post-employment support

Private Therapists

Patricia Jordan, LCSW-R
607-953-4125
4513 Old Vestal Rd, Vestal

Ruth E. Ferrari, MS, CNS, NPP
607-729-7001 ext 319
4513 Old Vestal Rd, Vestal

Crisis Lines and Help Lines

Partnership for Drug Free Lids Line 1-855-DRUGFREE (1-855-378-4373)

- Counselors listen to each caller's challenges, setbacks and emotions that come with a child's substance use
- Counselors purpose a personalized action plan and share the best tools and resources

SAMSHA National Help Line 1-800-662-HELP (4357)

- Confidential, free, 24/7 information service for individuals and family members facing mental and/or substance use disorders
- Provides referrals to local treatment facilities, support groups, and community-based organizations

UHS Alcohol Drug Abuse Hot Line 607-762-2257

- 24/7 hot line for those with a substance use disorder



Additional Resources for Broome and Tioga Counties

Do your clients need help finding other eservices, programs, or agencies that can help with basic needs?

Broome County Mental Health Department
607-778-2351

- Dual Recovery Project—identifies and works to eliminate gaps in the service delivery system for individuals experiencing a Co-occurring Disorder

Catholic Charities of Broome County
607-729-9166

- Provides mental health services, residential services, food pantries, youth, family and community services, health home, and disaster services

Catholic Charities of Tompkins/ Tioga Counties
607-414-1023

- Provides emergency financial assistance, clothing and household items, food pantry, personal needs items, job board, and SNAP assistance

Susquehanna River Region 2-1-1
2-1-1 or 800-901-21080

- Helps connect individuals with organizations that provide services that include basic needs, alcohol/addiction, consumer assistance, mental health services, treatment and counseling

